

HOPE

<p>1</p> <p><i>Hope is the theological virtue by which we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit.</i></p> <p>CCC 1817</p>	<p>2</p> <p>The virtue of hope responds to the aspiration to happiness which God has placed in the heart of every man; it takes up the hopes that inspire men's activities and purifies them so as to order them to the Kingdom of heaven; it keeps man from discouragement; it sustains him during times of abandonment; it opens up his heart in expectation of eternal beatitude. Buoyed up by hope, he is preserved from selfishness and led to the happiness that flows from charity.</p> <p>CCC 1818</p>	<p>3</p> <p><i>The object of hope is, in one way, eternal happiness, and, in another way, the Divine assistance... The Divine assistance is ready to help us.</i></p> <p>St. Thomas Aquinas</p>	<p>4</p> <p>We never have too much confidence in the good Lord who is so powerful and so merciful. We obtain from Him as much as we hope for.</p> <p>St. Therese of Lisieux</p>	<p>5</p> <p>THE VIRTUE OF HOPE IS SO PLEASING TO GOD THAT HE HAS DECLARED THAT HE FEELS DELIGHT IN THOSE WHO TRUST IN HIM: "THE LORD TAKETH PLEASURE IN THEM THAT HOPE IN HIS MERCY" (PS. 46:11). AND HE PROMISES VICTORY OVER HIS ENEMIES, PERSEVERANCE IN GRACE, AND ETERNAL GLORY TO THE MAN WHO HOPES: "BECAUSE HE HOPE IN ME, I WILL DELIVER HIM; I WILL PROTECT HIM" (PS. 90:14).</p> <p>St. Alphonsus Liguori</p>	<p>6</p> <p>Today in your prayer you confirmed your resolution to be a saint. I understand you when you make this more specific by adding, "I know I shall succeed, not because I am sure of myself, Jesus, but because... I am sure of you."</p> <p>St. Josemaria Escriva</p>	<p>7</p> <p>The past must be abandoned to God's mercy, the present to our fidelity, the future to divine providence.</p> <p>St. Francis de Sales</p>	<p>8</p> <p><i>Let the world indulge in its madness, for it cannot endure and passes like a shadow. It is growing old, and I think, is in its last decrepit stage. But we, buried in the wounds of Christ, why should we be dismayed?</i></p> <p>St. Peter Canisius</p>
<p>9</p> <p>A lack of confidence offends Jesus and wounds His Heart.</p> <p>St. Therese of Lisieux</p>	<p>10</p> <p>Hope always draws the soul from the beauty that is seen to what is beyond, always kindles the desire for the hidden through what is perceived.</p> <p>St. Gregory of Nyssa</p>	<p>11</p> <p>When tempted to despair, I have only one resource: to throw myself at the foot of the tabernacle like a little dog at the foot of its master.</p> <p>St. John Vianney</p>	<p>12</p> <p>When one puts all his care on God, and rests wholly upon Him, being careful, meanwhile to serve Him faithfully, God takes care of him; and the greater the confidence of such a one, the more the care of God extends over him; neither is there any danger of its failing, for God has an infinite love for those souls that repose in Him.</p> <p>St. Francis de Sales</p>	<p>13</p> <p>🎵 worry until midnight and from then on 🎵 let God worry.</p> <p>Bl. Louis Guanella</p>	<p>14</p> <p>We are firmly convinced that the truths of faith cannot deceive us, and yet we cannot bring ourselves to trust them; nay, we are far more ready to trust human reason and the deceitful appearance of this world. This, then, is the cause of our slight progress in virtue, and of our small success in what concerns the glory of God.</p> <p>St. Vincent de Paul</p>	<p>15</p> <p>Hope is the knowledge that the evil we bear within us is finite, that the slightest turning of the will towards good, though it should last but an instant, destroys a little of it, and that, in the spiritual realm, everything good infallibly produces good.</p> <p>Simone Weil</p>	<p>16</p> <p>HOWEVER WICKED I MAY BE, HOWEVER GREAT A SINNER, I MUST HOPE THAT I SHOULD GO TO HEAVEN. YOU FORBID ME TO DESPAIR.</p> <p>Bl. Charles de Foucauld</p> <p>If I saw the gates of hell open and I stood on the brink of the abyss, I should not despair, I should not lose hope of mercy, because I should trust in Thee, my God.</p> <p>St. Gemma Galgani</p>

<p>17 [O]ur daily efforts in pursuing our own lives and in working for the world's future either tire us or turn into fanaticism, unless we are enlightened by the radiance of the great hope that cannot be destroyed. . . . If we cannot hope for more than is effectively attainable at any given time, or more than is promised by political or economic authorities, our lives will soon be without hope. It is important to know that I can always continue to hope, even if in my own life, or the historical period in which I am living, there seems to be nothing left to hope for. Only the great certitude of hope that my own life and history in general, despite all failures, are held firm by the indestructible power of Love, and that this gives them their meaning and importance, only this kind of hope can then give the courage to act and to persevere. <i>Pope Benedict XVI</i></p>	<p>18 God is the foundation of hope: not any god, but the God who has a human face and who has loved us to the end, each one of us and humanity in its entirety. . . . His love alone gives us the possibility of soberly persevering day by day, without ceasing to be spurred on by hope, in a world which by its very nature is imperfect. His love is at the same time our guarantee of the existence of what we only vaguely sense and which nevertheless, in our deepest self, we await: a life that is "truly" life. <i>Pope Benedict XVI</i></p>	<p>19 The judgment of God is hope, both because it is justice and because it is grace. If it were merely grace, making all earthly things cease to matter, God would still owe us an answer to the question about justice—the crucial question that we ask of history and of God. If it were merely justice, in the end it could bring only fear to us all. The incarnation of God in Christ has so closely linked the two together—judgment and grace—that justice is firmly established: we all work out our salvation "with fear and trembling" (<i>Phil</i> 2:12). Nevertheless grace allows us all to hope, and to go trustfully to meet the Judge whom we know as our "advocate" (cf. <i>1 Jn</i> 2:1). <i>Pope Benedict XVI</i></p>	<p>20 FOR OVER A THOUSAND YEARS, THE CHURCH HAS GREETED MARY, THE MOTHER OF GOD, AS "STAR OF THE SEA": <i>AVE MARIS STELLA</i>. . . LIFE IS LIKE A VOYAGE ON THE SEA OF HISTORY, OFTEN DARK AND STORMY, A VOYAGE IN WHICH WE WATCH FOR THE STARS THAT INDICATE THE ROUTE. THE TRUE STARS OF OUR LIFE ARE THE PEOPLE WHO HAVE LIVED GOOD LIVES. THEY ARE LIGHTS OF HOPE. CERTAINLY, JESUS CHRIST IS THE TRUE LIGHT, THE SUN THAT HAS RISEN ABOVE ALL THE SHADOWS OF HISTORY. BUT TO REACH HIM WE ALSO NEED LIGHTS CLOSE BY—PEOPLE WHO SHINE WITH HIS LIGHT AND SO GUIDE US ALONG OUR WAY. WHO MORE THAN MARY COULD BE A STAR OF HOPE FOR US? . . . HOLY MARY, MOTHER OF GOD, OUR MOTHER, TEACH US TO BELIEVE, TO HOPE, TO LOVE WITH YOU. SHOW US THE WAY TO HIS KINGDOM! STAR OF THE SEA, SHINE UPON US AND GUIDE US ON OUR WAY! <i>Pope Benedict XVI</i></p>	<p>21 The request which arises from the human heart in the supreme confrontation with suffering and death, especially when faced with the temptation to give up in utter desperation, is above all a request for companionship, sympathy, and support in the time of trial. It is a plea for help to keep on hoping when all human hope fails. <i>Pope John Paul II</i></p>	<p>22 The most beautiful Credo is the one we pronounce in our hour of darkness. <i>St. Pio</i></p>	<p>23 <i>Christ taught us by His Passion what we should suffer for the truth, and by his resurrection what we should hope for in eternity.</i> <i>St. Augustine</i></p>	<p>24 Hope, O my soul, hope. You know neither the day nor the hour. Watch carefully, for everything passes quickly, even though your impatience makes doubtful what is certain, and turns a very short time into a long one. Dream that the more you struggle, the more you prove the love that you bear your God, and the more you will rejoice one day with your Beloved, in a happiness and rapture that can never end. <i>St. Teresa of Avila</i></p>
<p>25 Never lose heart, for Our Lord is always ready to give you the necessary grace for the new conversion you need, for that ascent in the supernatural field. <i>St. Josemaria Escriva</i></p>	<p>26 WE NEED NOT DESPAIR OF ANY MAN, SO LONG AS HE LIVES. FOR GOD DEEMED IT BETTER TO BRING GOOD OUT OF EVIL THAN NOT TO PERMIT EVIL AT ALL. <i>St. Augustine</i></p>	<p>27 <i>If Christ is with us who is against us? You can fight with confidence where you are sure of victory. With Christ and for Christ victory is certain.</i> <i>St. Bernard</i></p>	<p>28 In order to remain a little child, we must expect everything from our good Lord, as a child expects everything from his father, without worrying about anything. <i>St. Therese of Lisieux</i></p>	<p>29 God's mercies are always greater than our troubles. <i>St. Thomas Aquinas</i></p>	<p>30 Forget that despair produced by the realization of your weakness. — True: financially you are a zero, in social standing another zero, and another in virtues, and another in talent. But to the left of these thoughts, stands Christ. And what an incalculable figure we get! <i>St. Josemaria Escriva</i></p>	<p>31 <i>Cast yourself in the arms of God and be very sure that if He wants anything of you, He will fit you for the work and give you strength.</i> <i>St. Philip Neri</i></p>	<p>Holy Mary, Star of the Sea, Pray For Us</p>